



We are excited to announce our upcoming auditions for the 2025-2026 dance season!!

The LDS Performance and Competition teams are exceptional dance groups who understand the privilege and commitment of being a team member. Our performance teams perform energetic, fun, crowd pleasing routines while our Award-Winning competition teams compete the same in regional and nation dance competitions.

Please read over the information below as it contains information needed to make an informed decision about auditioning and dancing with Lisa's Dance Spot.

-PERFORMANCE-

(Ages 5-18)

FRIDAY MAY 2ND 6:00-7:30PM

What To Wear

- Black leotard**
- Black dance leggings**
- Black jazz shoes**
- Hair pulled back**
- No jewelry**

What to EXPECT on day of Audition 6:00PM

- Arrive 5-10min early
- Receive an audition number once you arrive
- Dancers will stretch and be taught audition choreography & judged.

RESULTS WILL BE POSTED SATURDAY MAY 4TH 8PM

-LADY DIAMONDS-

ADULT COMPETITION DANCE TEAM (Ages 21 and older)

FRIDAY MAY 2ND 7:30PM

What To Wear

- Creative dance attire
- Sneakers
- Hair pulled back
- No jewelry
- Full Makeup w/red lipstick

What to Bring to Auditions:

- Headshot 5x7 (color) (put name, birthdate, Parent Email and Instagram handle if dancer has one on the back of headshot)
- Water/Gatorade
- Eat a healthy meal before you come
- Energy and a Great Attitude

What to Expect on Audition Day

- Check in to Receive audition number
 - Warm-up
 - Learn Choreography
 - Audition Choreography
- Once done, Dancers are free to leave

-COMPETITION-

SATURDAY MAY 3RD

Ages 7-11 1:00-3:00pm

Ages 12-18 4:00-6:00pm

What To Wear

- Creative dance attire (Sports Bra and Dance Shorts)
 - Jazz and Ballet shoes
 - Hair pulled back
 - No jewelry
- Full Makeup w/red lipstick

What to Bring to Auditions:

- Headshot 5x7 (color) (put name, birthdate, Parent Email and Instagram handle if dancer has one on the back of headshot
 - Water/Gatorade

- Eat a healthy meal before you come
- Energy and a Great Attitude

What to Expect on Audition Day

- Check in to receive audition number
 - Warm-up
 - Audition Skills
 - Learn Choreography
 - Audition Choreography
- Once done, Dancers are free to leave

List of REQUIRED Skills:

(For Competition Only)

Beginner skills

- splits (right, left, middle)
- battement front & side (right, left)
 - chasse' front & side
 - pas de bouree
 - chaine' turns
 - soutenu turns
 - pique' turns
- Single and Double pirouette (turned in and out)
 - axle pirouette
 - jete' (right, left)
 - middle leap
 - Surprise leap

- leg hold front & side (right & left)
 - 6'o clock
- acro & additional skills
- Ballet positions 1st,2nd,4th,5th w/ arms
 - Tendu Degage gliassade
 - Cartwheel

Intermediate (Plus all beginner skills)

- double and triple pirouette (turned in and out)
 - leg fan
 - calypso
 - turning disc
 - turning jete'
- switch leaps (right, left, middle)
 - Illusion
 - coupe turns
 - pencil turns
 - Axle turn
- double attitude turns
 - penche'
 - tilt hold
 - tilt jump
 - firebird
- ankle grab turn
- a la seconde turns

- battement layout
 - Kipp up
- Pas de chat, Italian Pas de chat
 - Assemble
 - lame duck
- double pique turns

Elite (Plus all beginner & Intermediate skills)

- Added complex versions of intermediate skills
 - Hook jump
 - Switch tilt
 - Switch straddle leap
 - A la seconde turns w/ sustain
 - Fouetté turn
 - . Ariel
 - . 540
 - . Special Skill

-What to expect after Auditions-

Numbers will be posted at 8:00pm for dancers who are invited back to attend training camp intensives. After intensives, dancers will be drafted/selected to the 2025-2026 teams.

The LDS LIVE DRAFT DATE TBD!

ALL RESULTS WILL BE POSTED MAY 4TH 8PM

PERFORMANCE TEAMS

LADY DIAMONDS TEAM

COMPETITION INTENSIVE INVITATIONS